



DAYS of the WEEK

SPELLING & WRITING

Put, in the grid below

r	f	w	f	e	k	Monday
a	d	n	u	s	l	Tuesday
u	r	s	d	a	y	Wednesday
n	s	a	m	w	o	Thursday
d	a	y	p	e	t	Friday
s	e	n	d	e	w	Saturday
						Sunday

THE ORIGINS OF THE NAMES OF THE DAYS OF THE WEEK

The days of the week are all named after **NO THINGS IN THE SKY**. Knowing what each day help the spelling of the days make more sense.

ALPHABETICAL

Write the days of the week in alphabetical order on the lines below.

Monday
Tuesday
Wednesday

1. _____
2. _____
3. _____



MONDAY

is named after the moon. An 'o' somehow has been dropped.

TUESDAY

is named after *Tyr* – the Norse god of law and heroic deeds. His name changed to *Tiwar* over time and eventually to *Tues*.

is named after *Wodan* – the Norse god of war and wisdom. His name was changed to *Woden* over time and eventually to *Wed*.

THERE ARE 3 ACTIVITY PAGES

THE ORIGINS OF THE NAMES OF THE DAYS OF THE WEEK

The days of the week are all named after NORSE GODS and THINGS IN THE SKY. Knowing what each day is named after can help the spelling of the days make more sense.

MONDAY

is named after the moon. An 'o' somehow has been dropped.

TUESDAY

is named after *Tyr* – the Norse god of law and heroic deeds. His name changed to *Tiwar* over time and eventually to *Tues*.

WEDNESDAY

is named after *Odin* who was the chief of all the gods. In Old English he was known as *Woden* which eventually led to Wednesday being spelled as it is.

THURSDAY

is named after the god of thunder – *Thor*.

FRIDAY

is named after *Freyja*, the wife of *Odin*, who was also known as *Frigga*. Friday got its name from her.

SATURDAY

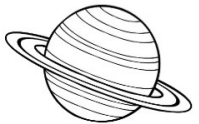
is named after the planet Saturn.

SUNDAY

is named after the sun.

Draw lines from the days of the week to what they are named after.

Sunday Wednesday Tuesday Thursday Friday Monday



Thor Saturn Sun Moon Odin



SYLLABLES

Break each word into syllables. Write the letters that make up each syllable in a box and write how many syllables each word has. The first one has been done for you.

	Syllables		No.
	Letters	Count	
Monday	Mon day		2
Tuesday			
Wednesday			
Thursday			

	Syllables		No.
	Letters	Count	
Friday			
Saturday			
Sunday			

WORDSEARCH

Find the words, on the right, in the grid below

a	m	y	a	d	i	r	f	o	r	f	w	f	e	k
r	w	o	l	o	l	k	e	y	a	d	n	u	s	i
d	a	y	n	f	r	i	t	h	u	r	s	d	a	y
t	u	e	s	d	a	y	s	u	n	s	a	m	w	o
p	r	e	r	s	a	t	u	r	d	a	y	p	e	t
d	a	y	i	f	m	y	a	d	s	e	n	d	e	w

Days Of The Week

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday
- Sunday

UNSCRAMBLE

Unscramble the letters below to make a day of the week. Write the unscrambled word on the line next to it.

- rshduayt _____
- uydnas _____
- dewsdaney _____
- dryafi _____
- yomdan _____
- artusyda _____
- dseayt _____

ALPHABETICAL ORDER

Write the days of the week in alphabetical order on the lines below.

- Monday 1. _____
- Tuesday 2. _____
- Wednesday 3. _____
- Thursday 4. _____
- Friday 5. _____
- Saturday 6. _____
- Sunday 7. _____

HANDWRITING

Write the words and write them in the blank lines underneath each one.

Monday Monday Monday

Tuesday Tuesday Tuesday

Wednesday Wednesday Wednesday

Thursday Thursday Thursday

Friday Friday Friday

Saturday Saturday Saturday

Sunday Sunday Sunday

CONTENTS

SOLUTION PAGES

SPELLING AND WRITING THE DAYS OF THE WEEK

I hope you and your students enjoy this resource.

The contents include:

1. Origins of the Day's Names

This page will give your students some understanding of the etymology of the names of the days, and therefore some understanding of why they are spelled as they are. A matching activity is also included at the bottom of the page to reinforce the learning.

2. Name Activities

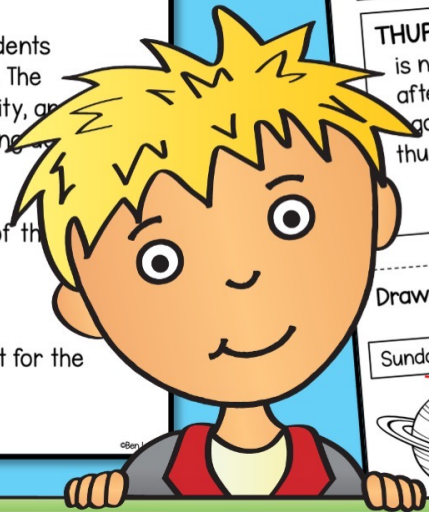
On this page there are four activities that give students practice spelling and writing the days of the week. The activities are a wordsearch, an unscrambling activity, an alphabetical order activity, and a syllable segmenting activity.

3. Handwriting

Students use the handwriting lines to trace each of the days of the week and copy them underneath.

4. Solution Pages

Solution pages are included for all activities except for the handwriting page.



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is named after the planet Saturn.

SUNDAY

is named after the sun.

Draw lines from the days of the week to what they are named after

Sunday Wednesday Tuesday Thursday Friday Monday Saturday

Thor Saturn Sun Moon Odin Tyr Freya

Days Of The Week

WORDSEARCH

Find the words, on the right, in the grid below

a	m	y	a	d	i	r	f	o	r	f	w	f	e	k	Monday
r	w	o	l	o	l	k	e	y	a	d	n	u	s	l	Tuesday
d	a	y	n	f	r	i	t	h	u	r	s	d	a	y	Wednesday
t	u	e	s	d	a	y	s	u	n	s	a	m	w	o	Thursday
p	r	e	r	s	a	t	u	r	d	a	y	p	e	t	Friday
d	a	y	i	f	m	y	a	d	s	e	n	d	e	w	Saturday
														Sunday	

UNSCRAMBLE

Unscramble the letters below to make a day of the week. Write the unscrambled word on the line next to it.

rshduayt ... **Thursday**

uydnas ... **Sunday**

dewsdaney ... **Saturday**

dryafi ... **Friday**

yomdan ... **Monday**

artusya ... **Saturday**

dseauyt ... **Tuesday**

ALPHABETICAL ORDER

Write the days of the week in alphabetical order on the lines below.

Monday 1. **Friday**

Tuesday 2. **Monday**

Wednesday 3. **Saturday**

Thursday 4. **Sunday**

Friday 5. **Thursday**

Saturday 6. **Tuesday**

Sunday 7. **Wednesday**

SYLLABLES

Break each word into syllables. Write the letters that make up each syllable in a box and write how many syllables each word has. The first one has been done for you.

	Syllables		No.		Syllables		No.	
Monday	Mon	day	2	Friday	Fri	day	2	
Tuesday	Tues	day	2	Saturday	Sat	ur	day	3
Wednesday	Wednes	day	2	Sunday	Sun	day	2	
Thursday	Thurs	day	2					